



# BOOTCAMP FOR BLOOD CANCER



**EVER WANTED TO GET REVENGE ON YOUR TRAINER?** This is your chance! Choose from a list of exercises to make your trainer do - at a cost. Different exercises come at different prices.

The more money you donate, the more exercises our trainers do. Have a specific trainer you want revenge on? Maybe he or she made YOU do burpees in class, despite you pleading NOOOOOOOO! Well, you can specifically pick the trainer and dish out as many burpees (at a cost)!

## **RAFFLE TICKETS FOR SALE**

On the day, we will also be selling raffle tickets, with all proceeds going to the Rebecca Gumley Blood Cancer Research Fund!

Raffle tickets are \$5.00 each, 3 for \$12.00 or 5 for \$15.00

Help us raise as much as we can for the Rebecca Gumley Blood Cancer Research Fund by participating in our one-day BOOTCAMP FOR BLOOD CANCER. Come for the workout, stay for the laughs!

**BOOTCAMP FOR  
BLOODCANCER**